

# ANNUAL REPORT 2018



**The Rachel Swart Fund**

HELPING PEOPLE WITH PHYSICAL DISABILITIES  
ESTABLISHED 1960



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# Chairperson's Report

It was a year of new beginnings with Mr Mark MacGinty handing over the Chairperson position to me, Dr Verushka Ramanjan. I have been most grateful to him for his ongoing, ever-present support and guidance during this time. In the new year, Chantal replaced Joy as Administrator. The transition has been smooth with no interruption to the Fund's activities.

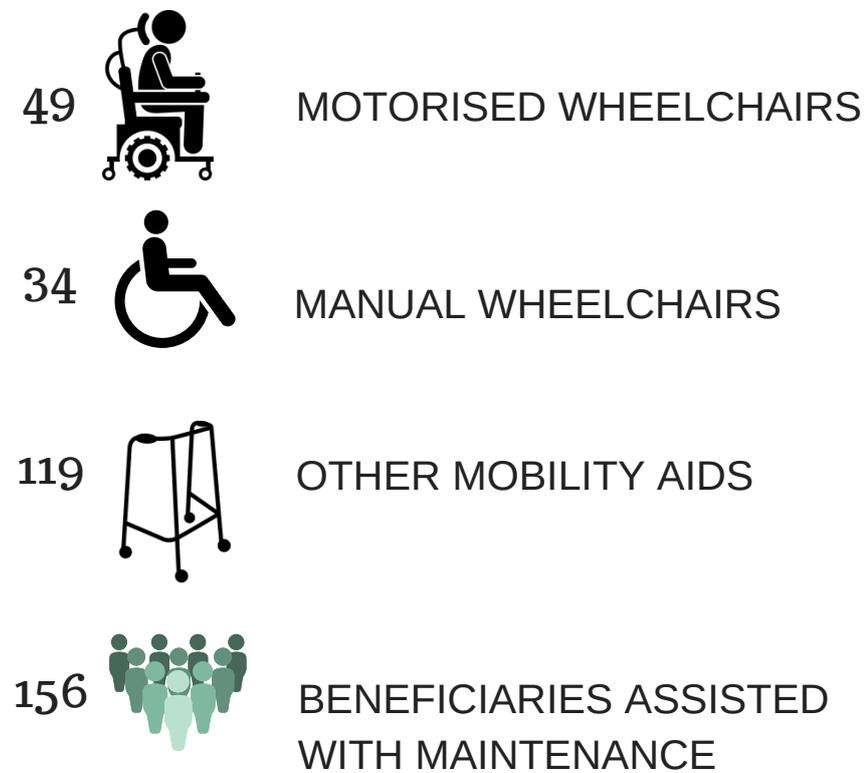
The Fund after some soul searching sought to move more into remote areas where the need for its services is the greatest. To this end, RSF has established contacts with N.G.O.s working in these areas and Chantal is visiting remote areas, setting up networks in out of the way locations.

This transition will take time and put pressure on the staff to get efficient communications between the Rachel Swart office and these communities. To this end, an App has been designed using smartphones whereby medical professionals can submit beneficiary application forms directly into Salesforce.

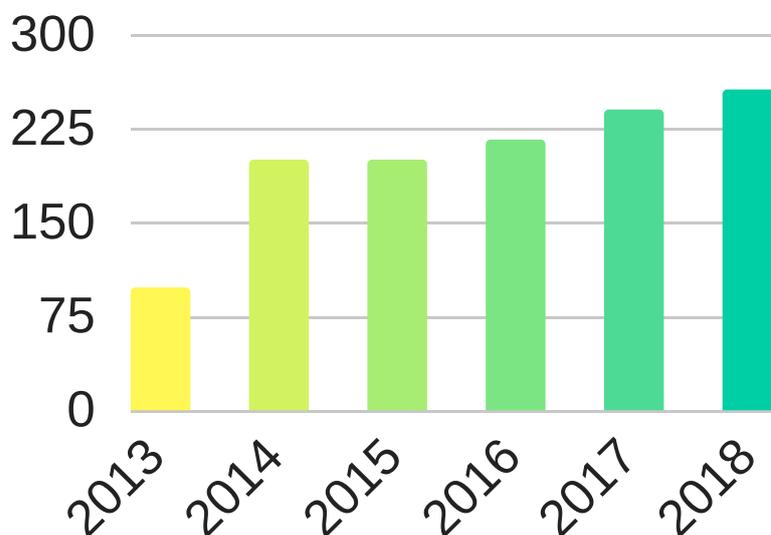
During the year, the work to automate administration was finalised using Salesforce software. Moving to a paperless and cross-referenced system is saving costs and increasing the capacity and efficiency of RSF. Monitoring and evaluation (M&E) was also progressed during the year and went live in 2018. Salesforce is also the software for M&E and whilst it gives concrete information to Donors and stakeholders, it has also been a valuable learning experience for the Fund.

For the year income was R2, 175,954 which is R202 468 below 2017 (see Finance section) but program spend on devices for the disabled was R1, 581,284 an increase of R175, 823 over the prior year. This increase in program costs was funded by RSF's reserves. Please visit our website to view the Audited Annual Financial Statements ([www.rachelswart.org.za](http://www.rachelswart.org.za)).

# A Year in Review



## Number of Beneficiaries helped over the past 6 years



# Financial Report

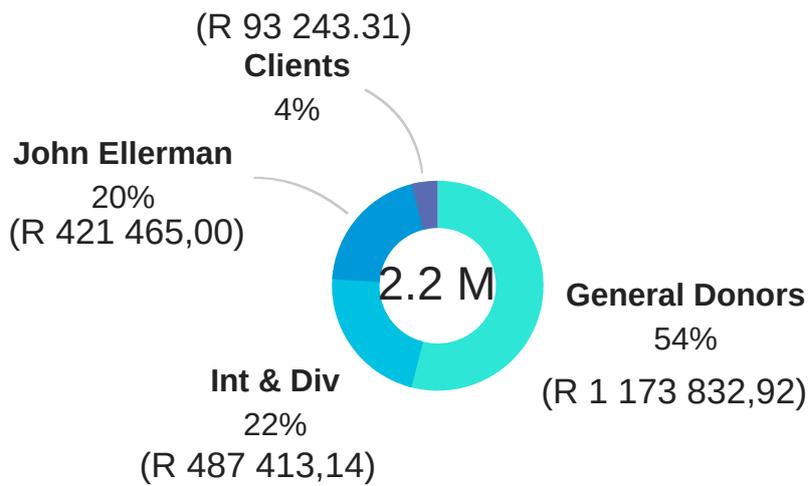
As discussed in the Chairperson's report, income was R202 468 down on the 2016/2017 year. This drop is mainly attributable to the delay in funding from the South African Lottery which was received during 2018.

Administration costs were tightly controlled as costs actually dropped slightly year on year. The move to automating the Fund's administration will also improve efficiencies in future years.

During the year, a new general ledger system was installed. This ledger is online, available to Committee members and has been integrated with Salesforce. This has improved the Fund's management reporting and enhanced the Committee's control over finances.

# Financial Report

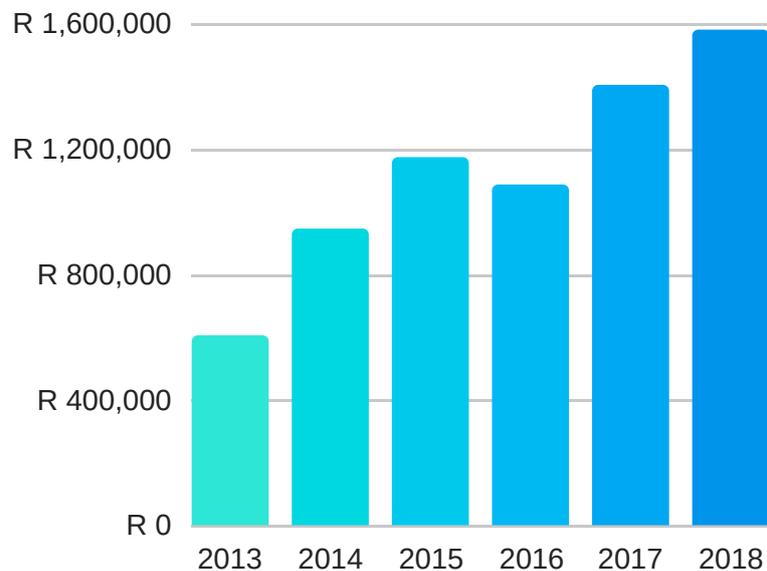
## Annual Income



## Annual Program Expenditure



## Funds Spent on Mobility Aids



# Monitoring & Evaluation

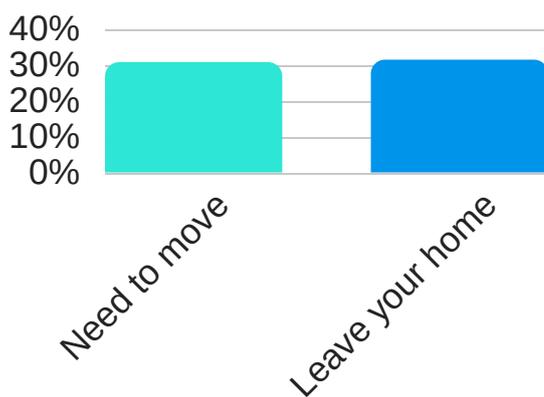
RSF continued to refine its monitoring and evaluation tools from the initial pilot last year. To better see and analyze the change mobility played in beneficiaries lives, we broke down the assessments into multiple sections for adults and children and broke it down even further into physical or mental disability.

We have seen positive results when the baseline (before receiving a mobility aid) and midline surveys (six weeks after receiving a mobility aid) of our beneficiaries were compared. There were significant improvements in their mobility, independence and confidence. What also came through was that the mobility devices were changing not only the lives of our direct beneficiaries but also their caregivers, parents, family, friends and community members. 47% of our beneficiaries indicated that they were able to access public transport, which was impossible before receiving a mobility device.

Also, with the comfort the new mobility aids are providing, beneficiaries are reporting to feel less pain and postural issues. The team will continue to measure and report on the impact mobility aids are making in disabled people's lives, as well as the impact on the household and their communities at large.

## Mobility and Independence

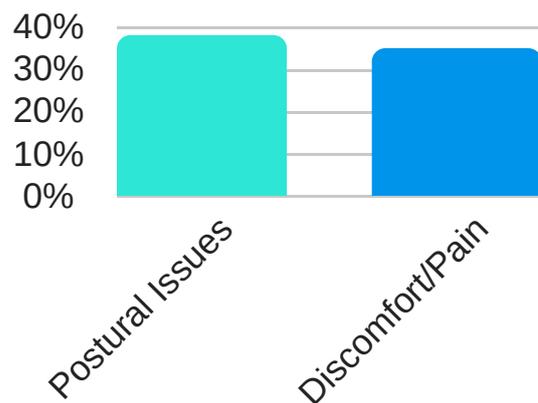
(How much assistance do you need?)



Movement has increased by 30.77% and 31.46% of our beneficiaries are leaving home to integrate into their communities.

## Physical Comfort

(How much physical discomfort or pain do you feel?)

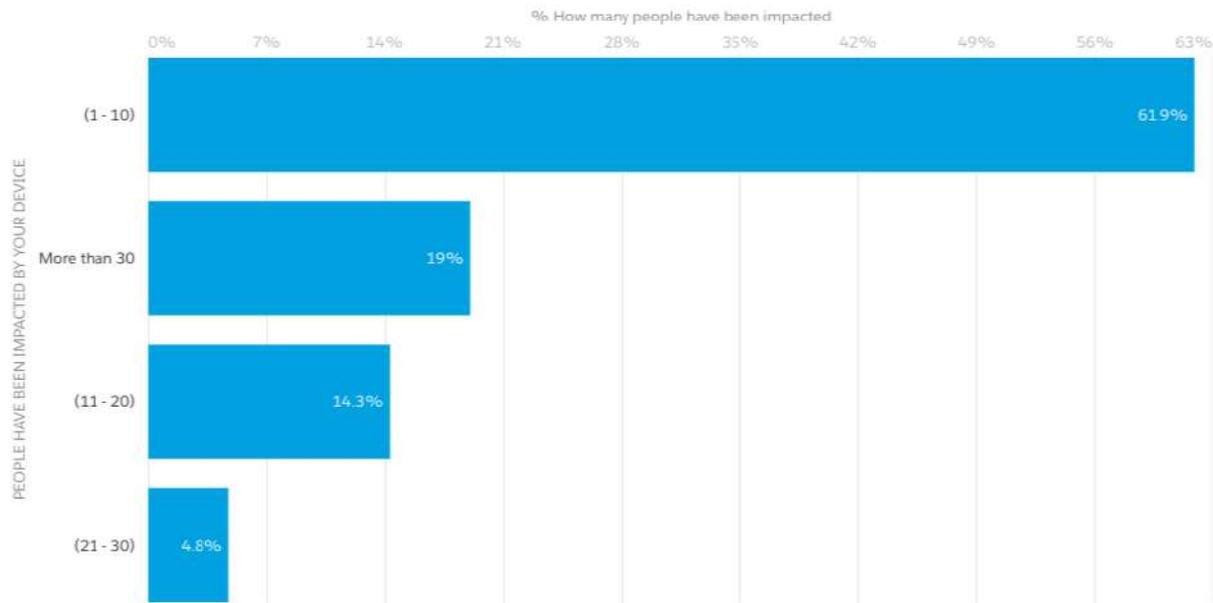


Physical discomfort or pain has decreased by 35.00% and postural issues decreased by 38.10%.

# Monitoring & Evaluation

## Impact of Mobility Device on Others

How many people have impacted by device?



-Viewing as Phillip Mcelu

Graph illustrates the percentages of how the mobility device has changed the lives of other people in the household or community

## Are you able to access public transport?

Are You Able To Access Public Transport?

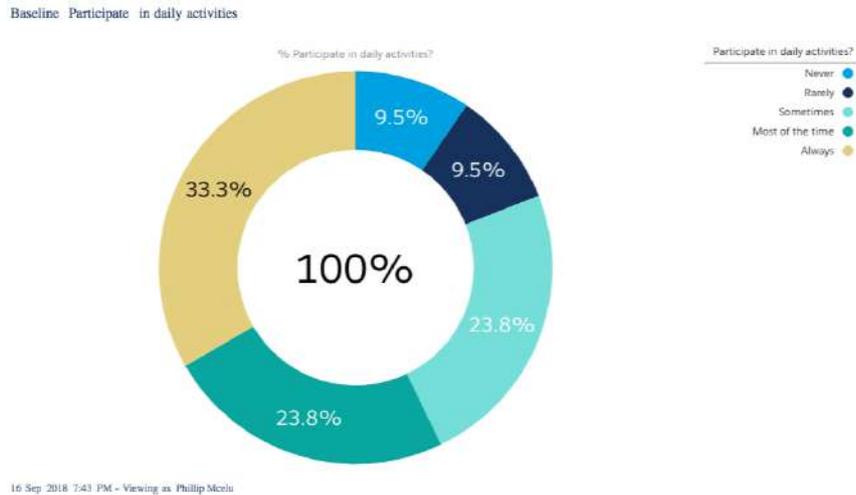
47.6%

47.6% of the beneficiaries were able to access public transport after receiving the mobility device

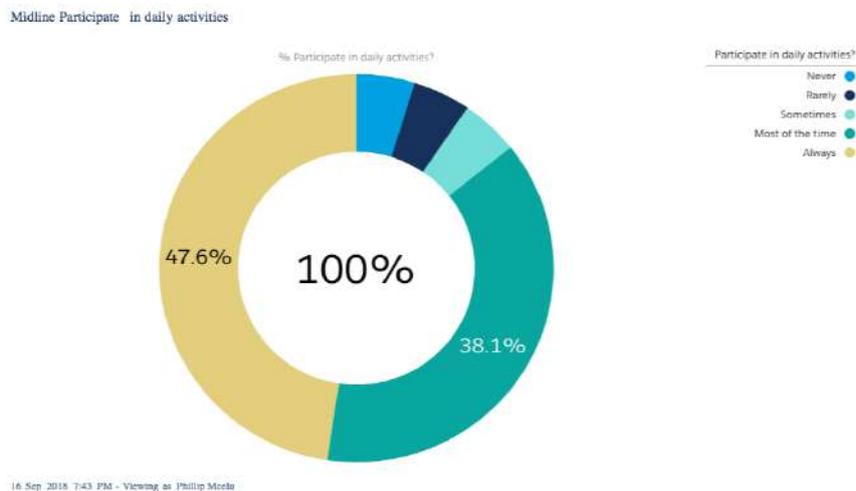
16 Sep 2018 7:42 PM - Viewing as Phillip Mcelu

# Monitoring & Evaluation

## Baseline Survey - Daily Activities



## Midline Survey - Daily Activities



The above illustrates the positive change in beneficiaries being able to participate in daily activities such as self-care, cooking, going to school or church etc.

# Our Stories

## ELSABE KRUGER

Elsabe Kruger, from Beaufort West, was diagnosed with a congenital condition, Spina Bifida. Her mother passed away in 2009 and she has since been living with her brother. Elsabe depends on her disability grant for all her living expenses and could never afford to acquire a motorised wheelchair by her own means. She applied for a motorised wheelchair at George Hospital and was added to a waiting list of at least four years. She then decided to approach the Rachel Swart Fund, with the help of an occupational therapist and could not believe that her application was approved and that she would be receiving her very own motorised wheelchair.

In Elsabe's words,  
"Dear Rachel Swart Fund  
Thank You so much!!! I feel so happy and excited that I do not know what to say. I'm overwhelmed. Because I thought that I would never be helped and wait for a long period. This wheelchair came as a surprise. I will guard this wheelchair with my life. I will take care of it to make it last forever. Now I have the ability to assist with the domestic tasks, visit my friends again, and visit the clinic. I will also try again to enrol in ABET classes. I am so very thankful. I'm going to keep on smiling. Life feels much better now! Thanks for changing my life."



## KEVIN NKWENYA

Kevin is a grade nine student at Pretoria School for learners with specialised educational needs. He was diagnosed with muscular dystrophy and was no longer able to self-propel safely in a manual wheelchair. Kevin depended on his sister to carry him from the school bus to the couch when he arrived home from school. Since receiving his new motorised wheelchair, it has been easier for him to move around at home and in the community he lives in. Thank you Rachel Swart Fund and Carl Liekens!

# Our Stories

## JO-ANN MARTIN

Jo-Ann is currently in grade ten at Jan Kriel School in Kuilsriver, Cape Town. She was diagnosed with Phocomelia, a condition in which she was born with underdeveloped limbs. Jo-Ann is well known to the Rachel Swart Fund. Since the age of about four, she accompanied her granny to the weekly workgroup at St Giles.

Due to her condition, her physical abilities were limited, therefore she needed assistance with mobilising in a manual wheelchair and all her activities of daily living. Despite her physical limitations, Jo-Ann uses both the thumb on her right arm and the digit on her left arm to hold her pencil so that she can write. Since receiving her new motorised wheelchair, she has a sense of independence in moving around at school and at home and smiles all the time. Thanks to funding received from Old Mutual Foundation, she now enjoys going on outings with her granny and mom without depending on them to push her around.



## DEVAUN KOOPMAN

Devaun is in the practical phase at Paarl School and lives with his mother in a relative's backyard. He was diagnosed with dyskinetic cerebral palsy, also known as Athetosis. Devaun has poor balance and control of his body movements. He previously walked with a small Kaye reverse walker but has outgrown it.

Devaun cannot use a standard front facing walker since those cause him to shift his centre of gravity too far forward and lose his stability. Devaun is eternally grateful to have received a new medium Kaye reverse walker, which helps him to walk upright and balance the weight through his arms and legs. He can now use his walker to walk independently in his home and school environments.

# Our Stories

## MOTSIRI MOHAPI

Motsiri Mohapi lives in a care facility in the Free State Province. He was involved in a motor vehicle accident and was diagnosed with C4 complete quadriplegia. Motsiri's wheelchair was no longer working and he was placed on a waiting list at the National District Hospital.

Motsiri's therapist applied to RSF on his behalf as he became totally dependent on carers in the home to either push him in a manual wheelchair, if one was available or to carry him. Since receiving his new motorised wheelchair he has gained back his freedom of movement and is mobile in the community. The Fund is grateful to Carl Liekens for Motsiri's motorised wheelchair.



## TAZZLIN MAARMAN

Tazzlin lives in Vredenberg with her family and receives treatment at the Red Cross Children's hospital. Tazzlin is dependent on her carers for all her activities of daily living. Since receiving her new specialised motorised buggy, Tazzlin is able to move around independently and does not need to be carried everywhere. It has also become easier for her carer to transport her. She is extremely happy in her new buggy thanks to funding from the Ellerman Foundation.

# Our Stories

## **NONTOBENKO DUNJANE**

Nontobeko was diagnosed with cerebral palsy since birth and lives in a care facility in Durban. She tries to be as independent as possible despite her limitations. At the time of applying to the Fund she was completing her Adult Basic Education Training (ABET) level 3.

Nontobeko indicated in her motivation that she dreams of studying further, finding a job and owning her own house. Since receiving her new wheelchair with funding from the Victor Daitz Foundation, Nontobeko couldn't be happier!



## **KHAYA MBAZO**

Khaya lives in the community of Thembaletu in George and has an amputation below his left knee and right hemiplegia. Before he applied to RSF he was using a manual wheelchair and struggled with activities of daily living as he lives alone. Khaya is not literate but is skilled in woodwork and attended a protective workshop.

When he received his new motorised wheelchair from funding received by the Ellerman Foundation, his mobility improved and his confidence was boosted. He is able to work in a protected environment thanks to his new found mobility.



# Our Donors

We as the Committee, staff and especially each and every beneficiary of the Rachel Swart Fund, would like to express our sincerest gratitude for the generous donations received. Thanks to our loyal supporters, beneficiaries and their families who have made small contributions, we were able to fulfil our commitments set out for the year. A special thank you to our largest contributors this year:

John Ellerman Foundation  
CE Harding Trust Fund  
Beare Foundation  
Clifford Harris Trust Fund  
Old Mutual Foundation  
David Graaf Foundation  
Victor Daitz Foundation  
ApexHi Charitable Trust Fund  
The Nussbaum Foundation  
De Beers Trust Fund  
Anglo American Chairman's Trust Fund  
Nordex Acciona Windpower  
Liftquip  
Carl Liekens  
Individuals - Two Oceans Marathon

**John Ellerman  
Foundation**



# Our Donors

This past year, Carl Liekens and a group of Belgium runners crossed borders to join forces with RSF, in our plight to provide physically disabled people in South Africa with mobility aids. We are eternally grateful for the substantial donation we received, which was used to purchase six motorised wheelchairs, two manual wheelchairs and one bariatric commode.

Pictured below are the Belgium runners, together with Carl Liekens, at the Two Oceans Marathon which took place in Cape Town during March 2018. Once again a BIG thank you for your support from all of us at RSF!



# Staff & Committee

During the year Joy Badham-Thornhill resigned after more than six years of service. The Committee and staff wish Joy the best in her new career.

Chantal Crook was recruited as Joy's replacement and has settled in well to the position of Administrator. Her extensive Salesforce experience has been a significant asset. She has received substantial training from the staff at Rachel Swart – Nathaline and Heather who continue to give effective and loyal service to the Fund.

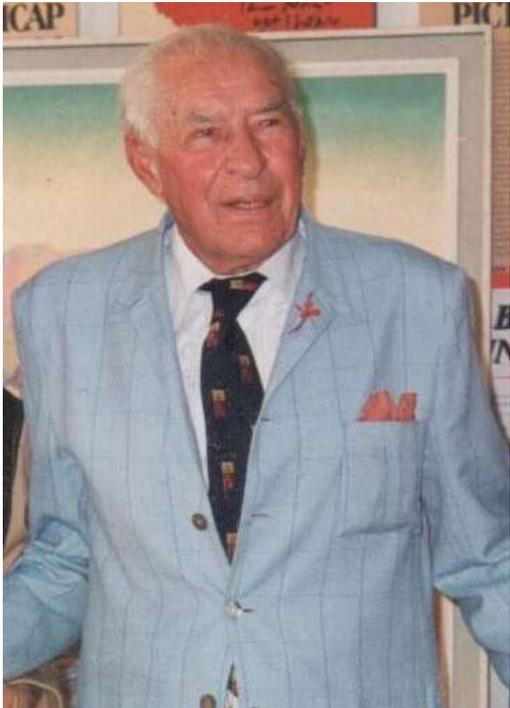
Joan Vosloo resigned after more than thirty years on the Committee. She was helpful with her comments and always an enthusiastic voice. Joan was extremely helpful in the Fund's fiftieth celebrations in 2010. We wish her well with her future endeavours.

# RACHEL SWART HERSELF



## FOUNDING MEMBERS

Sir John Ellerman & Piet Beukes



# How you can help!

The Rachel Swart Fund has been in existence since 1960 and we hope to be around for 60 more years. Without the generous donations from trusts, foundations, corporates and individuals we would not be able to continue our work and expand on our vision.

For more information regarding how to donate or for general information about the organisation, please visit our website at [www.rachelswart.org.za](http://www.rachelswart.org.za) or contact our offices on 021 689 8376 or [rachelswart@absamail.co.za](mailto:rachelswart@absamail.co.za).



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ESTABLISHED 1960



## BANKING DETAILS

**Bank:** Nedbank

**Branch:** Rondebosch

**Branch Code:** 104809

**Account No:** 1048017575

**Account name:** The Rachel Swart Fund

For more information about what we do, or if you're interested in getting involved, contact us!

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